**DOES KNOWING PATIENTS'** WISHES INFLUENCE NURSES' AND PHYSICIANS' INTENTION **TO PERFORM EUTHANASIA?** 

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## Background

Respecting patients' autonomy is often put forward as one of the main reasons why certain health professionals are favourable to euthanasia.

Few studies have compared whether nurses and physicians hold different beliefs regarding euthanasia.

### Objective of the study

To experimentally test whether knowing patients' wishes and health profession can affect intentions and beliefs regarding performing euthanasia using a 2 × 2 random factorial design study

(Experimental conditions: patient's wishes known or not; professions: nurses or physicians).

#### Extended version of the Theory of planned behaviour (Ajzen, 1991)



#### Methods – Data collection

A vignette describing a person near death was used to manipulate knowledge of patient's wishes.

- Random samples of nurses and physicians from Quebec, Canada
  - Weighted according to the domains of practice and medical specialties

Data were collected by means of an anonymous validated questionnaire:

- 21 nurses and 8 physicians were interviewed to develop a questionnaire based on their beleifs;
- 2. 11 nurses and 10 physicians validated the clinical vignette with the fictional patient;
- 3. 17 nurses and 18 physicians completed the questionnaire twice to verify its psychometric qualities.

# Results – Sample characteristics

Variables	Means (SD) / Percentages			
	Knowledge		No knowledge	
	Nurses (n = 80)	Physicians (n = 58)	Nurses (n = 73)	Physicians (n = 59)
Age (years)	41.4 (11.6)	47.1 (14.2)	40.2 (11.2)	44.4 (4)
% female	92.5%	48.0%	86.1%	52.6%
> 10 years of experience	51.3%	56.0%	43.1%	61.4%





## Discussion – Results for nurses

- Knowing patients' wishes (autonomy) regarding euthanasia does not appear to influence nurses' intention and beliefs concerning euthanasia;
- Sometimes healthcare providers are faced with conflicts between competing ethical principles, such as autonomy and beneficience (Beauchamp & Childress, 2009).

### **Discussion – Results for physicians**

Knowing patients' wishes regarding euthanasia seems important for physicians;

In a previous review of European physicians' attitudes towards euthanasia, the right of the patient to decide about his/her own life and death was one of the reasons why physicians mentioned being favourable to euthanasia (Gielen et al., 2008)

# Conclusion

Does knowing patients' wishes influence nurses' and physicians' intention to perform euthanasia?

No for nurses:

Patient's beneficience seems more important.

Yes for physicians:

Patient's autonomy seems important.

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